



HIGHLAND INSIDER

VOLUME 21, ISSUE 10

OCTOBER 2015



2015 HIGHLAND CITY GENERAL ELECTION

Early Voting for General Election:

Highland City Hall – 5400 West Civic Center Dr.

Tuesday, October 20th – Friday, October 23rd ... 9:00 am – 1:00 pm

Tuesday, October 27th – Thursday, October 29th ... 3:00 pm – 7:00 pm

Friday, October 30th ... 1:00 pm – 5:00 pm

General Election: Tuesday, November 3, 2015 ~ 7:00 am – 8:00 pm

VOTING LOCATIONS:

Precincts: HI01, HI04, HI05, HI07 & HI08

Highland City Hall – 5400 West Civic Center Dr.

Precincts: HI02, HI03, HI06, HI09 & HI10

Highland City Community Center – 5378 West 10400 North

Candidate information, Sample Ballot and Precinct Map can be found online at www.highlandcity.org. Specific questions on the 2015 Highland City Elections contact City Recorder Jody Bates at 801-772-4505 or email at jody@highlandcity.org.

PI SYSTEM TO SHUT DOWN OCTOBER 15

The pressurized irrigation system will be shut off on or around October 15. Please plan your watering schedules accordingly. When the system is shut down, please be sure to turn off your sprinkler system, open any manual drains, and also be sure to **close the main valve in your PI box**. This will prevent unintended flooding in the Spring, and may help avoid frozen and broken pipes this winter. Every season, it seems that a handful of residents forget these very important steps and suffer unnecessary flooding in the Spring. Please don't be the one affected next year; take a moment now to completely turn off your sprinkler system.

In order to close your main valve, open the PI Box that is located somewhere in the yard; typically near the sidewalk or street. To close the valve, turn the handle so that it is perpendicular to the pipe. Then replace the lid, making sure that it is securely in place. Step by step pictures are online at www.highlandcity.org (go to Departments, Public Works, Pressurized Irrigation). For more information, please contact Public Works at 801-772-4515.

CITY CALENDAR

October 5: Cemetery Clean-up

October 6: City Council*, 7:00 p.m.

October 15: Pressurized Irrigation System turns off for the season.

Please turn the main valve in your PI box off to avoid flooding in the Spring.

October 20: City Council*, 7:00 p.m.

*Access to Statewide Public Notifications, including City Council, Planning Commission and Committee Agendas, Meeting Minutes and various other notifications can be found at www.utah.gov/pmn

PHONE NUMBERS

City Offices 801-756-5751, 7:30 a.m. to 6:00 p.m. Monday - Thursday

Library 801-772-4528

Justice Court 801-772-4525

Police Department/
Animal Control 801-756-9800

Fire Department 801-763-5365

After-Hours Public Works
Emergencies (water, sewer, streets) 801-420-2553

Republic Services (garbage and recycle pick-up, can repairs) 801-785-5935

Report a concern, pay your bill, etc. on-line at: www.highlandcity.org

Recreation Programs

Highland City participates with [Cedar Hills City Recreation](#). All youth sports and recreation programs are available with no additional non-resident fees. Please contact Cedar Hills Recreation at recreation@cedarhills.org or call: 801-785-9668, ext. 302.

Jr Jazz: Registration will begin on October 12th for this year's Jr Jazz basketball season! Boys and girls in grades 3-8 are invited to register. Learn the game, have fun, and make new friends. Register online at cedarhills.org.

CERT Classes Offered: Cedar Hills will offer CERT training in November. For more information or to register for the training, please contact Laurie Petersen at: lpetersen@cedarhills.org or 801-785-9668, ext. 104.

Highland City Beautification Committee

As we all wind down and prepare for winter the Beautification Committee is doing the same. Before the snow flies we have a few projects left. We have some mulch to get out and some spring flowers to plant. If you have interest in a service project give me a call.

We would like to thank the many wonderful people that have adopted areas in our Adopt-a-patch program. Their service makes such a huge difference. Do you want to get involved? Do you have ideas for improvements? Call Laura Dawson at 801-310-1009.

Highland City Arts Council



Utah Valley Chamber Players: Announcing an exciting new opportunity for ambitious young string players age 10-18. Placement auditions will be held on Saturday, September 12 at the Highland Community Center. Students will be grouped in small string ensembles (quartet, trio, etc.) according to age and ability. Don't miss this wonderful opportunity to play fabulous music led by experienced coaches. Rehearsals will be held Saturday mornings at the Highland Community Center. Final concert will take place *before* Thanksgiving. Tuition for Fall session is \$75. Questions? Email Ellen Burns at bddgeorge@hotmail.com.

Drawing Class by Regan Reichert: For Ages 10 to 14 years old. Registration \$10 per class. Classes are held on the following dates: 10/12, 10/19, 10/26, 11/9, 11/16, 11/16, 11/23, 11/30, and 12/14.

Art Club for Kids: Meets the 1st Monday of each month at the Community Center. October 5, November 2, December 7; 10:00 a.m. - 11:30 a.m. Instructions in various mediums including cartooning, water color, acrylic, colored pencil, pen and ink, zen art, scratch art, etc. \$10/session. Ages 8 and up.

Taming of the Shrew: Attention all Shakespearean actors between the ages of 12 and 18: Highland City Arts Council is getting geared up for our third annual youth Shakespeare production. The show for 2016 will be Taming of the Shrew. Rehearsals will be Thursday afternoons between 4 and 6

pm at the Community Center during the months of January, February, and March. Auditions will be Thursday, January 7, 2016 at 4:00. Come prepared with any Shakespeare monologue. Tuition is \$45. Questions? Email Ellen Burns at bddgeorge@hotmail.com.

Colored Pencil Class by Sharon Cannon: You will need a basic Prisma Colored Pencil Set, a #2 pencil and eraser and smooth drawing paper. October 19, 10 am to Noon, Registration Fee: \$15.

Friends of Art: Meetings are held twice a month on the second and third Wednesdays of the month. Guest Artist (2nd Wednesday), 10:45-1 pm (Come early so we can start at 11). Workshop (3rd Wednesday), 11-2pm: choose your project & potluck lunch. Also considering Museum tours. Membership Policy: \$25 a year, September through May OR \$5 a month OR \$3 a meeting (visitors: first visit is free, then pay a membership fee).

Audition Notice: Announcing Auditions for Highland City Arts Council's production of the Pulitzer, Tony, and Olivier Prize winning play, *Dancing at Lughnasa* to run October 26, 28-30, November 2 at the Highland Community Center Directed by M. Chase and Brooke Hess Grant.

Christmas Crafts with Santa! Join us on Saturday, December 5, 10:00 a.m. - 12:00 p.m. at City Hall.

To register for Arts Council classes or for more information, please visit www.highlandcityarts.org or call Shauna at 801-756-9614.

Timpanogos Symphony Orchestra

The Timpanogos Symphony Orchestra presents "Halloween at Hogwarts" on Friday, October 23 & 24, 7:30pm at Timberline Middle School in Alpine. The TSO is inviting everyone to come in costume (of course it is optional).

The orchestra members and conductor (me) will be dressed in costume. We are also opening this up to all ages. We hope that families will come together and bring their children of all ages. We normally suggest a minimum age of 8 years old for our concerts. This concert will be an exception to that rule. All ages are welcome. Come and make it a family affair! We're planning a costume contest with prizes for the kids! For information, visit thetso.org



2016 Highland Youth City Council

The Highland Youth City Council is a competitive program available for those 9th - 11th grade that provides a great opportunity for leadership, community involvement, and service. Applications for the 2016 HYCC and Service Committee are available online at www.highlandcity.org (go to Departments, Events, Youth Programs).

However, in order to run an efficient program, parental involvement is needed. We are currently looking for a parent advisor to assist with this program. If you are interested in volunteering, please contact Emily at Highland City, 801-772-4523 or emily@highlandcity.org.

Senior Citizens Appreciation Dinner

Highland Senior Citizens are invited to the annual Young At Heart Senior's Appreciation Dinner for senior citizens and their spouses, hosted by the Highland Youth City Council. The free dinner will be held on Tuesday, November 12, at 5:30 p.m. at the Lone Peak High School Cafeteria. Please be sure to RSVP to Highland City 801-772-4523 or emily@highlandcity.org by November 12 so we have enough food for everyone. This year is a Hawaiian theme. More information will be in next month's newsletter.

Cemetery Decoration Clean-Up

The Highland Cemetery will be cleared of all flowers, trinkets, ornaments, lamps, shepherd-crooks, etc. on Monday, October 5. Please remove items before this day. Any items removed by City Staff during this clean-up day will be taken to the Public Works Shop (4066 West 1100 North) and held for one (1) week so these items may be claimed by the owner; if items are not claimed within the week, the items will be discarded.

It is the goal of Highland City and the City Staff to offer families and friends that visit their loved ones a clean, beautiful, and peaceful environment. Please help us maintain this goal by keeping your site clean. You can subscribe to the Highland City Cemetery Calendar online at www.highlandcity.org to receive notifications of upcoming clean-up dates.

"Stepping On" Class

"Stepping On" is a seven week workshop that builds strength, balance and confidence in an effort to reduce the number of falls for a person 60 and older. Among older adults falls are the leading cause of injury, hospital admissions, and death. More than one third of seniors experience a fall each year. Stepping On is an evidence based program that helps seniors become more aware of fall hazards and to learn how to reduce their fall risk. The Utah County Health Department has added a workshop to the Fall "Stepping On" offerings. The workshop will be presented on Mondays, starting October 5th and running through November 16 from 9:30 - 11:30 a.m. at the Intermountain American Fork Hospital, Classroom 1 (170 N 1100 E, American Fork). Classes are free, but reservations are required (space and materials are limited). To register, please call 801-851-7095. The program is presented by the Utah County Health Department and Intermountain Health Care.

Health Department Offers Free Parent/Infant Classes

Parent and Infant classes are offered free by Utah County Women, Infants and Children (WIC). Classes offered includes: Infant Massage, Secrets of Baby Behaviors, Happiest Baby on the Block, Baby Wearing, and Breastfeeding classes. All classes start at 5 pm at the Utah County Health and Justice Building in Provo. For more information, call: 801-851-7300.

Dirty Gutters...can you help?

If you walk outside your home and glance at the curb and gutter

in front of your home, what do you see? If you see a lot of leaves, mud and other debris, will you join in a community effort to clean the gutters out? Every fall, gutters fill with leaves and it is impossible for City crews to clean all of them. In fact, crews may clean a street today and more leaves fall tomorrow. This means that heavy rain or fast snow melts will push debris to eventually back up the water flowing to the storm drain. Please help to keep the streets and gutters clean from debris. If you notice a storm drain that needs maintenance, please call Public Works at 801-772-4515 or go on-line to www.highlandcity.org and fill out a Report-a-Concern form.

Curbside Recycling

Tin food cans frequent our kitchens. Did you know that tin cans are made up mostly of steel? They contain only about 0.15% tin and are 100% recyclable. Steel takes up to 100 years to fully degrade in a landfill. 630 steel cans are recycled every second in the United States—recycle your tin cans today! Contact the Utility Billing Office at 801-756-5751 to get your recycle container!

Daughters of the Utah Pioneers

Did you know we have two Daughters of the Utah Pioneers Museums here? The Pioneer Relic Hall is located at 50 N. Main in Alpine and the Highland DUP Museum is located at 5381 West 10400 North in Highland. Museums are open every Sat. from 1 to 3 this summer (and all day August 8 for Alpine Days) If you would like a mid week tour please contact Sherri Nuffer at 801-756-3676.

We are looking for new members. Women, if your ancestry included coming to Utah prior to the railroad in May 1869 your are invited to join Daughters of the Utah Pioneers, or all are welcome to join as an associate member.

All ladies are invited to come and Celebrate the Pioneers with us on August 3rd at our Jubilee Hoe-Down to be held at the Highland Church building 11200 Alpine Blvd. Our DUP theme is "We are Daughters of the Future-Keepers of the Past. Come join the fun!

Join the Highland City Library for Our Annual
Teen Murder Mystery!

This year's title is:
**Mutiny & Murder: The Curse of the
Parrot Island Treasure!**

Friday Oct. 23rd @ 6:00 p.m.
SHARP!

Open to the Public: Ages 12-18
Halloween costume contest...

Free Admission and Free Food!

Contact: taylor.highlandcitylibrary@gmail.com



October is Fire Prevention Month

The US Fire Administration reports that fires kill more than 4,000 Americans each year and approximately injure 20,000 more. U.S. fire departments respond to nearly 2 million fires each year, with three-quarters of them occurring in residences. A home is often referred to as a safe haven. This month, make sure your home is protected from (and your family is prepared for) a fire. Here are 10 simple tips to help you avoid fires and reduce the risk of injury should one occur: **1) Smoke Alarms** – Install a smoke alarm on every level of your home and test it monthly. **2) Prevent Electrical Fires** – Don't overload circuits or extension cords. Cords and wires should never be placed under rugs or in high traffic areas. A poor connection between the plug and the outlet can cause overheating and can start a fire in minutes. **3) Keep Plugs Safe** – Unplug all appliances when not in use. If a plug is overheating, smells strange, shorts out or sparks – the appliance should be shut off immediately, then replaced or repaired. **4) Alternate Heaters** – Make sure there is ample space around any portable heating unit. Anything that could catch fire should be at least three feet away. **5) Fire Safety Sprinklers** – When combined with working smoke alarms, home fire sprinklers greatly increase your chance of surviving a fire. Sprinklers are affordable and they can increase property value and lower insurance rates. **6) Create An Escape Route** – Create and practice your escape plan with your family from every room in the house. Practice staying low to the floor and checking for hot doors using the back of your hand. **7) Position Appliances Carefully** – Try to keep TV sets, kitchen and other appliances away from windows with curtains. If there is a wiring problem, curtains can spread a fire quickly. Additionally, keeping your appliances away from water sources (like rain coming in from windows) can help prevent wiring damage which can lead to a fire. **8) Clean Dryer Vents** – Clean the lint filter every time you start a load of clothes to dry or after the drying cycle is complete. Make sure your exhaust duct is made of metal tubing and not plastic or foil. Clean the exhaust duct with a good quality dryer vent brush to prevent blockage & check for lint build up behind the dryer at least twice a year. **9) Be Careful Around the Holidays** – If you fill your home with lights during the holiday season, keep them away from anything that can easily catch fire. Check all of your lights prior to stringing them up and dispose of anything with frayed or exposed wires. **10) Conduct Regular Inspections** – Check all of your electronic equipment and wiring at least once a month. Taking a little time to do this each month can really pay off. Following these simple tips could potentially save your life or the life of a loved one. Pass this list on to your friends and family and make this fire prevention month count! - *Lone Peak Fire District*

BUSINESS OF THE MONTH

Would you like to advertise your business for free? Highland City would like to spotlight a different Highland business each month. This is to promote our Shop local, Eat local, Spend local campaign. If you would like to have your Highland business featured in the City Newsletter please call us at 801-772-4515 or email us at planning@highlandcity.org.



Anytime Fitness is the world's largest 24 hour gym and co-ed fitness center chain. Our staffed hours are: Monday – Thursday: 11am – 7pm and Friday 11am - 5pm. Visit us at 11055 North Alpine Highway or call 801-763-1998 for more information.

Customer Appreciation Coupon

MEIERS
MEATS & FINE FOODS

\$5 OFF Purchase of \$50 or more
Expires 10/31/15



Hours: 9:00 a.m. - 6:00 p.m., Monday -Friday, 10:00 a.m. - 3:00 p.m. on Saturday. In addition to our regular hours, Sympathy flower delivery is available to churches and funeral homes on Sunday if needed.

www.ThePaintedDaisyFloral.com