



# HIGHLAND INSIDER

VOLUME 21, ISSUE 12

DECEMBER 2015

## Winter Snow Removal & Plowing

During the winter months it is important for Highland residents and the City to work together during snow removal weather. During heavy snow storms it can take as much as 48 hours to clear all priority routes and through streets once the storm has subsided. Parking on the street and objects in the road (trailers, basketball standards, etc.) makes it difficult for plows to clear the streets. It is unlawful to park any motor vehicles upon city streets from December 1st to March 31st between the hours of 12:00 a.m. to 8:00 a.m. and any time snow is present so as to provide access to snow plows for snow removal. The Police Department may issue a parking citation.

Many people use four wheelers to plow their drive ways and sidewalks; the Police Department reminds you that four wheelers are not allowed on the street unless they are street legal.

Residents may view a copy of Highland City's snowplow frequently asked questions on the Public Works page at [www.highlandcity.org](http://www.highlandcity.org). If you have any concerns you may report them on-line using the Report a Concern feature or call Public Works at 801-772-4523. To report parking violations, please call the Police Department at 801-756-9800.

## Tips to Save Money on Your Utility Bill

Did you know that your winter water usage affects your monthly sewer charges? Your yearly sewer charge is based on those winter water readings.

On your monthly statement from Highland City, you can see your previous water reading, your current water reading, and the usage. The usage is in 1,000 gallon increments. Winter water usage should be within a low range. The average usage per household can range from 6,000 to 10,000 gallons per month. Please watch your monthly statement. If you see unexplained increased water usages, please check your household appliances for leaks (i.e. toilets, hot water heaters, etc.). If you are unable to locate a leak you may call Public Works at 801-772-4523 for assistance. This simple tip can help all of us and save you money.

## Highland City Mourns Loss of Employee

With heavy hearts, Highland City announces the passing of Jill Litton Ballamis. Jill worked for Highland City for a number of years as the Community Development Administrative Assistant and most recently served as the City Treasurer. Jill was responsible for business licensing, utilities, and was one of the city notaries. Jill was a ray of sunshine to our office and truly loved by all. She will be greatly missed by staff and residents alike.

Jill passed away after a courageous battle with cancer on November 18, 2015 surrounded by loved ones. Born April 29, 1983 in Vernal, Utah to Robert Wayne and Susan Rust Litton. She married Justin James Ballamis on May 24, 2012. Jill loved Justin because he could always make her laugh.

She was an active member in the LDS Church and loved serving in the Primary. Her home, yard, and family (especially her dogs P.J. and Laney) were her loves in life. Jill was an exceptional person who loved everyone especially her primary kids. We will miss her. Funeral services were held on Saturday, November 21, 2015 in Lehi, UT.



Jill Litton Ballamis

### CITY CALENDAR

**December 1:** City Council\*, 7:00 p.m.

**December 5:** Christmas Crafts with Santa, 10:00 - 12:00 p.m.

**December 7:** Cemetery Decoration Clean-Up

**December 24-26:** City Hall and Library, limited Holiday Hours

**December 31-January 2:** City Hall and Library, limited Holiday Hours

**January 4:** 2016 Park Reservations available, 8:00 a.m.

**January 4-12,** Curbside Christmas Tree Pick-Up, 7:00 a.m.

\*Access to Statewide Public Notifications, including City Council, Planning Commission and Committee Agendas, Meeting Minutes and various other notifications can be found at [www.utah.gov/pmn](http://www.utah.gov/pmn)

Winter street parking regulations into effect December 1st - March 31st, no parking between 12:00 a.m. - 8:00 a.m. and anytime snow is present.

### PHONE NUMBERS

City Offices, 801-756-5751, 7:30 a.m. to 6:00 p.m. Monday - Thursday

Library, 801-772-4528

Justice Court 801-772-4525

Police Department/Animal Control, 801-756-9800

Fire Department, 801-763-5365

After-Hours Public Works

Emergencies (water, sewer, streets), 801-420-2553

Republic Services (garbage and recycle pick-up, can repairs), 801-785-5935

Report a concern, pay your bill, etc. on-line at:

[www.highlandcity.org](http://www.highlandcity.org)



### Check out the City's Revamped Social Media

The City is making a renewed effort to communicate with residents and one of those ways is through social media. Check us out on Facebook and Twitter @HighlandCity

## Recreation Programs

Highland City participates with [Cedar Hills City Recreation](#). All youth sports and recreation programs are available with no additional non-resident fees. Please contact Cedar Hills Recreation at [recreation@cedarhills.org](mailto:recreation@cedarhills.org) or call: 801-785-9668, ext. 302.

Register your kids for Jr. Jazz Basketball, and Cedar Hills Ski Bus at [cedarhills.org/recreation/youth-sports](http://cedarhills.org/recreation/youth-sports). Questions? Contact Cedar Hills Recreation at 801-785-9668, ext. 302, or email [recreation@cedarhills.org](mailto:recreation@cedarhills.org).

## Highland City Arts Council



**Highland Teen Chime Choir:** This is a unique opportunity to play with hand chimes in a fun setting! Ages 12 and up, limited to 20 participants. Tuition, \$75. Practices are held on Mondays, 3:00 - 4:30 p.m., January 11 - May at the Community Center. Contact Page Erickson at 801-830-0927 for information.

**Drawing Class for kids by Regan Reichert:** Class will be held on Dec. 14, 3:00 - 4:30 p.m. Registration \$10.

**Basic Drawing Class for Adults by Regan Reichert:** Learn to draw by using shapes and values. This is a must have class for all artists, no matter what your medium of choice. Class will be held on Dec. 14, 1:30 - 3:00 p.m. Registration \$15.

**Art Club for Kids:** Meets the first Monday of each month at the Community Center, 3:00 - 4:30 p.m. The kids will complete 3 projects each month and learn many forms of art and techniques. Instructions in various mediums including cartooning, water color, acrylic, colored pencil, pen and ink, zen art, scratch art, etc. \$10/session. Ages 8 & up.

**Taming of the Shrew:** Attention all Shakespearean actors between the ages of 12 and 18: Highland City Arts Council is getting geared up for our third annual youth Shakespeare production. The show for 2016 will be Taming of the shrew. Rehearsals will be Thursdays 4 - 6:00 p.m. at the Community Center during the months of January, February, and March. Performances will be held on March 25 & 26. Auditions will be Thursday, January 7, 2016 at 4:00 p.m.. Come prepared with any Shakespeare monologue. Tuition is \$45. For questions, please email Ellen Burns at [bddgeorge@hotmail.com](mailto:bddgeorge@hotmail.com).

**Painting Day:** Dec 2, 10:00 a.m. - 2:00 p.m. at the Community Center. We will paint together and visit. Bring any project you want to work on. For questions, please call Shauna at 801-756-9614.

**Friends of Art:** Meetings are held twice a month on the second and third Wednesdays of the month. Guest Artist (2nd Wednesday), 10:45-1 pm (Come early so we can start at 11). Workshop (3rd Wednesday), 11-2pm: choose your project & potluck lunch. Also considering Museum tours. Membership Policy: \$25 a year, September through May OR \$5 a month OR \$3 a meeting (visitors: first visit is free, then pay a membership fee).

**2016 Theatre Season Announced:** The shows we will be

performing next year include The Curious Savage in the spring and Wait Until Dark in the fall over the Halloween week. Auditions times and dates for the play will be announced shortly.

To register for Arts Council classes or for more information, please visit [www.highlandcityarts.org](http://www.highlandcityarts.org) or call Shauna at 801-756-9614. Classes are held at the Highland Community Center, 5387 West 10400 North, unless otherwise noted.

## Events at the Library

**FamilyTime:** Every Wednesday at 4:00 p.m. An after school program for parents and kids of all ages. Themes and activities will vary from week to week. Interested patrons may come any time during the hour. Schedule for December: 12/2, The Library is Frozen; 12/9, Giant Candyland; 12/16, All Aboard the Polar Express; and 12/30, Party Hat Craft.

**English/Writing Tutoring:** Every Thursday, 3:30 - 4:30 p.m. Need homework help? We are offering assistance on writing and English homework for all school ages.

**Computer Basics for all Ages:** The third Thursday of every month, 2:30 - 3:00 p.m. Questions about computers? Come and ask them any time during this hour. Anything from social media to Microsoft Word to e-mails. All ages welcome.

Please contact [taylor.highlandcitylibrary@gmail.com](mailto:taylor.highlandcitylibrary@gmail.com) if you have any questions about library programs.

### TSO Christmas Concert

The Timpanogos Symphony Orchestra presents **Merrily On High**, an uplifting concert of Christmas favorites, featuring Grammy-nominated violinist **Jenny Oaks Baker**. The concert is Monday, December 14 at the Thanksgiving Point Show Barn. Tickets are available at the Thanksgiving Point's [website](#) or phone 801-768-4900.

### Adopt a Shelter Cat

Did you know that all North Utah Valley Animal Shelter "Kitty City" (already spayed and neutered) cats are available for free adoption (for a limited time)? What a great way to find your new best friend! To view the available pets for adoption, please visit <http://northutahvalleyanimalshelter.org/available-pets>. Save a life and make a new best friend!

### Cemetery Decoration Clean-Up

The Highland Cemetery will be cleared of all flowers, trinkets, ornaments, lamps, shepherd-crooks, etc. on **Monday, December 7**. Please remove items before this day. Any items removed by City Staff during this clean-up day will be taken to the Public Works Shop (4066 West 1100 North) and held for one (1) week so they may be claimed by the owner. If items are not claimed within the week, they will be discarded.

### Planning Commission Volunteers Needed

The Planning Commission meets once a month to review development type projects and submits a recommendation to the City Council. To volunteer, please complete a volunteer application online at [www.highlandcity.org](http://www.highlandcity.org)

## A Glimpse into Highlands Past

The Highland Historical Society features articles each month to highlight individuals in Highland who have made an impact to the community. This month's article, written by Lillie Buhler Day, was published in the December 1981 Ensign magazine of the Church of Jesus Christ of Latter-day Saints (submitted by Brenda Thurgood).

### "The Christmas Our Parents Wept"

The year was 1931 and I was fourteen, the oldest of eleven children in our family in Highland, Utah. One day my father and mother and a neighbor were in a car accident. Dad, a very strong man, managed to lift the car up enough to release mother and the neighbor. He himself suffered a broken arm and several broken ribs.

Because of the accident, dad was unable to work his 160-acre farm, and the bank foreclosed the mortgage on our home. The depression had hit us in all its force. Dad was given a short time to move out.

The meaning of that foreclosure became clear to me just a few weeks later when we had to build a house across the street on a small piece of land dad had just bought. Because dad was still recovering from his accident, mother did much of the work. It was a small, one-room shack with no floor, no windows, a bad roof, and wooden walls. We took hot rocks to bed with us that winter to keep warm. When the snow began to melt on the roof it would leak down into our beds. At night we would often find ice in the covers, and in the morning we could not make the beds because the edges of the blanket were frozen together. We knew for the first time in our lives how it felt to go to bed without any supper. We had to save hard pieces of bread for the younger children, and we lived on dry beans cooked without salt.

Dad finally got a few days' work on a dry farm, and when the owner found dad didn't bring any lunch because we had no food, he came to our house with a sack of flour and other groceries. I remember that we were so hungry we tried eating

the flour uncooked.

Christmas came that year with a lot of snow, but no gifts. My brother Reuben told young Fred to save the candy and nuts they received at the American Fork firemen's Christmas party, because that was all they would get from Santa.

Dad was able to make a payment on our home and install a wooden floor and two windows, and we knew that would be our Christmas. But that was a Christmas we all remembered. Dad joked and tried to play family games with us. Finally he said, "Well, children, perhaps Santa did forget us this year. I'll bet there won't be one of you that will forget this Christmas."

He was right, .... (story continued online at [www.highlandcity.org](http://www.highlandcity.org))

For more information about Highland's History and to view full articles, please visit [www.highlandcity.org](http://www.highlandcity.org)

### Tips to Help Prevent Frozen Pipes

During periods of extremely cold temperatures, temporarily keep a trickle of water running from the faucet. The trickle should be a steady stream. Never thaw frozen pipes with an open flame. You could start a fire or cause damage to pipes or the water meter. In the event if you have a frozen water meter or need assistance, please call Public Works at 801-772-4515 or 801-420-2553 for after-hours emergencies.

### Municipal Election Official Results

The following individuals won City Council seats and their term will begin January 2016: Brian Braithwaite (incumbent), Ed Dennis, and Tim R. Irwin (incumbent).

### Prescription Drop Box at Police Station

The Lone Peak Police Department invites you to utilize our new drop box for your expired or unwanted prescription medications. The drop box is located in the lobby of the police station at 5400 West Civic Center Drive. Unused medications in homes create a public health and safety concern, because they are highly susceptible to accidental ingestion, diversion, misuse, and abuse.

## First Aid Kits

Lone Peak Fire District is offering hospital quality first aid kits- at our cost!



**Family/Group \$99.95**  
(\$175 value)



**Police Car Kit \$62.95**  
(\$130 value)



**Citizen Kit**  
**\$42.50** (\$95 value)  
Prices good until 12/18



Citizen Kit includes all this:

Hydrocortisone	3	Triangular bandage	1	Cotton-tip applicators	2
Burn free	2	Knuckle bandages	5	Antiseptic towelettes	8
Sting relief	2	Fingertip bandages	5	Alcohol prep pads	10
Cold Pack	1	Extra large bandages	5	Vinyl gloves	2
5x9 ABD pad	1	Bulky bandages	3	Cloth tape	1
4x4 Gauze pads	5	2" roller gauze	2	Bandage scissors	1
2x2 Gauze pads	5	4" roller gauze	2	Triple antibiotic	3
Oval eye pads	2	4" Elastic wrap	1	EMS bag w/ dividers	1
Eye wash	1	First-aid book	1		
3/4x3 bandages	100	Tongue blade	1		

**Pick up kits at:** Highland Fire Station, 5582 Parkway West, Highland UT (no shipping charges) or online at [www.safecommunityusa.com](http://www.safecommunityusa.com) or call **385-223-0027**





# Christmas Crafts Day with Santa!



Please join the Arts Council and the Highland Youth City Council on Saturday, December 5, 10:00 a.m. - 12:00 p.m. at City Hall to make inexpensive crafts (\$0.25 - \$3.00), listen to live entertainment, interactive story reading in the library, and visit with Santa!

Be on time to see Santa arrive at City Hall at 10:00 a.m. on the Lone Peak Fire Department Fire Truck! Don't forget to bring your camera to take pictures with Santa and a canned food item to be placed under the Christmas Tree for those in need! Scout groups looking for community service projects may help with collecting canned food items during the month of December.

## BUSINESS OF THE MONTH

### Anderson & Sons Lone Peak Funeral Chapel

Anderson & Sons Lone Peak Funeral Chapel was dedicated and open to serve the families in the Highland area on November 2013. Anderson & Sons Mortuary also has a location in American Fork and our family has been serving families from the communities in this area since 1866.

One of the traditions that we like to celebrate is the Christmas memorial tree. Each year the first Saturday in December from 4-7 p.m. we set up a Christmas tree and have an open house to invite the public to place an ornament on our tree in memory of a loved one that has passed away. We know that Christmas time is a time of families and traditions and that our loved ones absence is more noticeable during this time of year. The memory tree gives families a chance to remember their loved ones and share stories with others who have experience a loss at this time. Everyone is welcome. We have had some families come year after year and said they would not miss it.



The ornaments are each unique and special. It is fun to see all of the lives represented by each of these ornaments. Some families bring in an ornament that has a picture, others a fish or some other representation of a hobby loved by the individual. The ornaments are returned to the families at the end of the year and can be brought back for the next year. We hope to see you and your family even if you just want to see the tree and eat some cookies

Highland City would like to spotlight a different Highland business each month. This is to promote our Shop local, Eat local, Spend local campaign. If you would like to have your Highland business featured, please call us at 801-772-4523 or email us at [emily@highlandcity.org](mailto:emily@highlandcity.org)